

Scotland on the move

The actions needed to get more people walking and cycling



Our proposals for your manifesto 2016

An invitation to talk

Walking and cycling are the most affordable and accessible forms of transport and the easiest ways to build physical activity into everyday life. Getting people to travel actively will also improve public health, reduce inequalities, support jobs and improve quality of life for us all. But much work remains to improve all of our towns, cities and rural areas so they are attractive for walkers and cyclists.

Scotland is fortunate to have a positive policy landscape and clear government support for active travel. The National Walking Strategy, the Cycling Action Plan for Scotland (with its shared vision of 10% of trips by bike by 2020), the Physical Activity Implementation Plan, and the Long Term Vision for Active Travel in Scotland 2030 all demonstrate a long-term commitment. But to get Scotland moving, it's now imperative that these policy commitments are turned into reality.

Sufficient, guaranteed funding is a key requirement to deliver long term planning and investment. Our shared ambition is clear: spending 10% of the transport budget at local and national levels would bring conditions for walking and cycling in Scotland closer to the standards seen across northern Europe.

Work with us to get Scotland on the move!



5 steps to Active Travel

1. Link communities across Scotland

- **In each of Scotland's seven cities, provide at least one entirely segregated cycle route that traverses the centre and extends to the city limits. These routes should run either on or parallel to the primary roads - wherever the demand is greatest.**
- Consolidate the existing national long-distance network of walking and cycling routes, not only to link communities but also to build Scotland's reputation as a tourism destination. This would include completing the missing links in the National Cycle Network (particularly in towns and cities), implementing core path plans and delivering the routes highlighted in the National Planning Framework (NPF3).
- Expand the Community Links and Smarter Choices Smarter Places Programmes to ensure the provision and use of a comprehensive network of walking and cycle routes in towns and cities across Scotland.
- Fund the maintenance of key walking and cycling routes, including footways, the National Cycle Network and core paths.

2. Make towns and cities people-friendly

- **Make 20mph the default speed limit in built up areas. Slower traffic speeds will improve quality of life and safety in shopping and residential areas, and around schools, and provide better conditions for walkers and cyclists.**
- Introduce a Town Centres Fund to transform the quality of our urban environment. The Fund would allow Local Authorities to renew and revitalise main streets by managing and prioritising the space for people on foot and on bike.
- Put in place Low Emission Zones in all areas that are currently exceeding EU air quality guidelines. Not only would these provide significant health benefits, they would also avoid the prospect of expensive fines from the EU.

3. Enable children and young people to travel actively

- **Implement a zero tolerance approach to speeding and aggressive driving on all key routes for vulnerable road users, especially around schools.**

- Set up traffic exclusion zones around schools. Ban cars from school gates and surrounding streets at drop off and pick up times. This has been successfully piloted in East Lothian and Edinburgh.
- Deliver Bikeability cycle training at every primary school to equip children with the skills and confidence to cycle on-road.
- Fund a national schools walking programme across all local authority areas, which boosts physical activity and reduces congestion and air pollution associated with the journey to school.
- Ensure all local authorities have a School Travel Coordinator and also an I Bike Officer to increase levels of cycling amongst girls.
- Establish bicycle libraries in all nurseries, schools, colleges and universities across Scotland where bikes can be loaned in a similar fashion to books.

4. Make walking and cycling easy for everyone

- **Establish active travel hubs, with easy access and high-quality walking and cycling facilities, at all major railway stations, bus stations and ferry terminals.**
- Put in place cycle hire schemes, such as the ones already in place in Glasgow and Stirling, in the remaining five Scottish cities.
- Install more high quality cycle parking at schools, public facilities and workplaces and for people without safe storage at home.
- Ensure local authorities have adequate powers and enforcement capabilities to tackle inconsiderate and irresponsible pavement parking.
- Ensure that all major employers, including public bodies, have a sustainable and active travel plan which sets out how everyone accessing their premises can easily travel actively.

5. Make roads safer for people on foot and bike

- **Pursue a Vision Zero where no one is killed on Scotland's roads, following the Swedish example.**
- Ensure that there is widespread public consultation on policing plans and priorities in order that road safety and responsible driving and parking are properly addressed.
- Implement walking and cycle friendly roads, like Clackmannanshire Council, to slow traffic on key rural routes.
- Empower communities to take more control of their streets to make them safer and more attractive.



Increased walking and cycling will bring multiple benefits to society – health, environment and economy.

We are calling for 10% of the local and national transport budgets to be spent on active travel.



Contact details:

If you want more information about any of the points raised in this brochure please contact us at info@scotlandonthemove.org

A joint manifesto for **Active Travel**

CTC Scotland • Cycling Scotland • Living Streets Scotland • Paths for All
Ramblers Scotland • Sustrans Scotland • Transform Scotland

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Cycling Scotland

LIVING STREETS
PUTTING PEOPLE FIRST

